



Skeletal syndromes

Valérie Cormier-Daire

Department of Medical Genetics and INSERM U781 (A. Munnich)

Hopital Necker Enfants Malades, Paris, France

Diagnosis of a primary skeletal dysplasia

Clinical approach : the presenting feature

- Short stature : rhizomelia/ mesomelia/ micromelia
- Congenital bowing
- Short ribs-Polydactyly
- Fractures

Diagnosis of a primary skeletal dysplasia

Clinical approach : the presenting feature

- Short stature : rhizomelia/ mesomelia/ micromelia

diagnosed antenatally

at birth

during infancy

Lethal Chondrodysplasia

- Marked Micromelia (US survey+ X-rays)
- Detected at 3-4 months of gestation
- Disproportion between body and head
- Immobility/ edema/ fetal hydrops/ polyhydramnios
- Radiological features specific on the different type

Importance of X-rays after pregnancy termination

Thanatophoric dysplasia

- First description in 1967 by P. Maroteaux
- Most common form of lethal CD 1/40 000
- Marked short limb dwarfism
- Relative large head
- Severe platyspondyly
- Horizontal acetabular roofs,
- Bowing of long bones
- Irregularity and flaring metaphyses
- TD 1: without cloverleaf skull, French telephone receiver
- TD2 : with cloverleaf skull, Straight micromelic femur
- **New autosomal dominant mutation in FGFR3**



Achondrogenesis

- Marked micromelic dwarfism, distended abdomen, barrel shaped chest, short neck and trunk
- polyhydramnios
- X-rays : - poorly mineralized skull and absent or minimal ossification of vertebral bodies
 - Concave ends of tubular bones
 - Short iliac wings

Achondrogenesis

Two types :

Type I : major shortness and broadness of tubular bones with multiple spurs

- IA : Short and thin ribs with multiple fractures

Autosomal recessive inheritance

- IB: trapezoid femur

Autosomal recessive inheritance

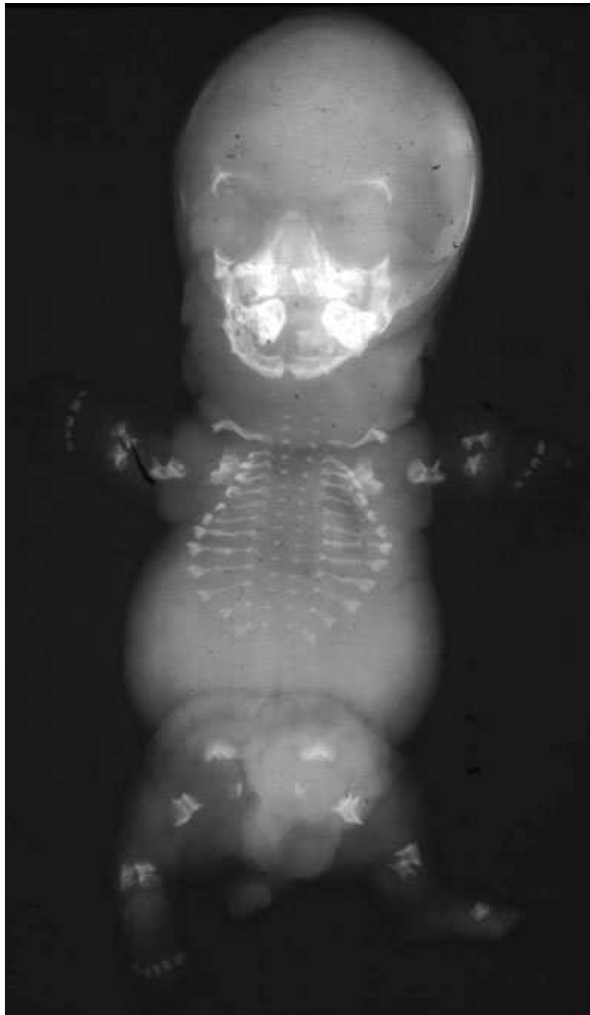
Mutations in DTDST (5q)

Type II : short femur with concave metaphyses

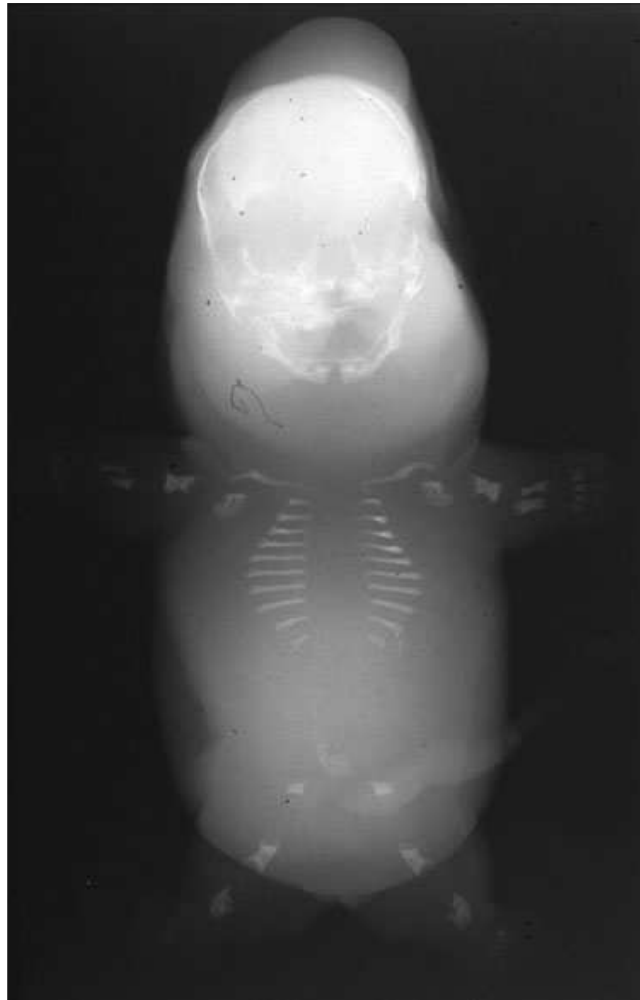
New mutation in Col2A1(12q13)

Value of the chondo-osseous morphology

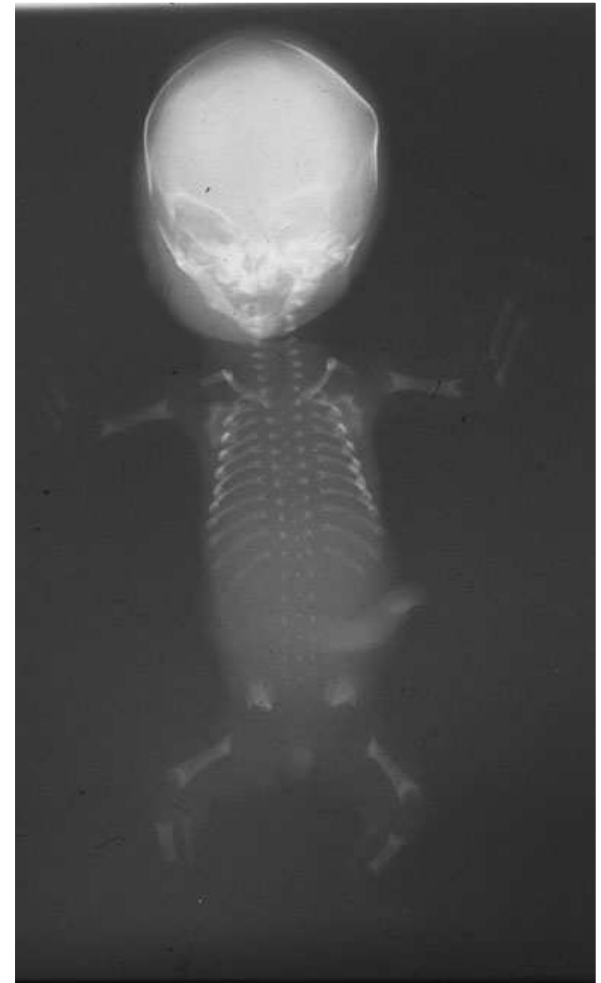
Achondrogenesis



Type Ia(AR,)



Type Ib (AR, DTDST)



Type II /
hypochondrogenesis
(new mutation COL2A1)

Clinical approach disproportionate short stature **at birth**

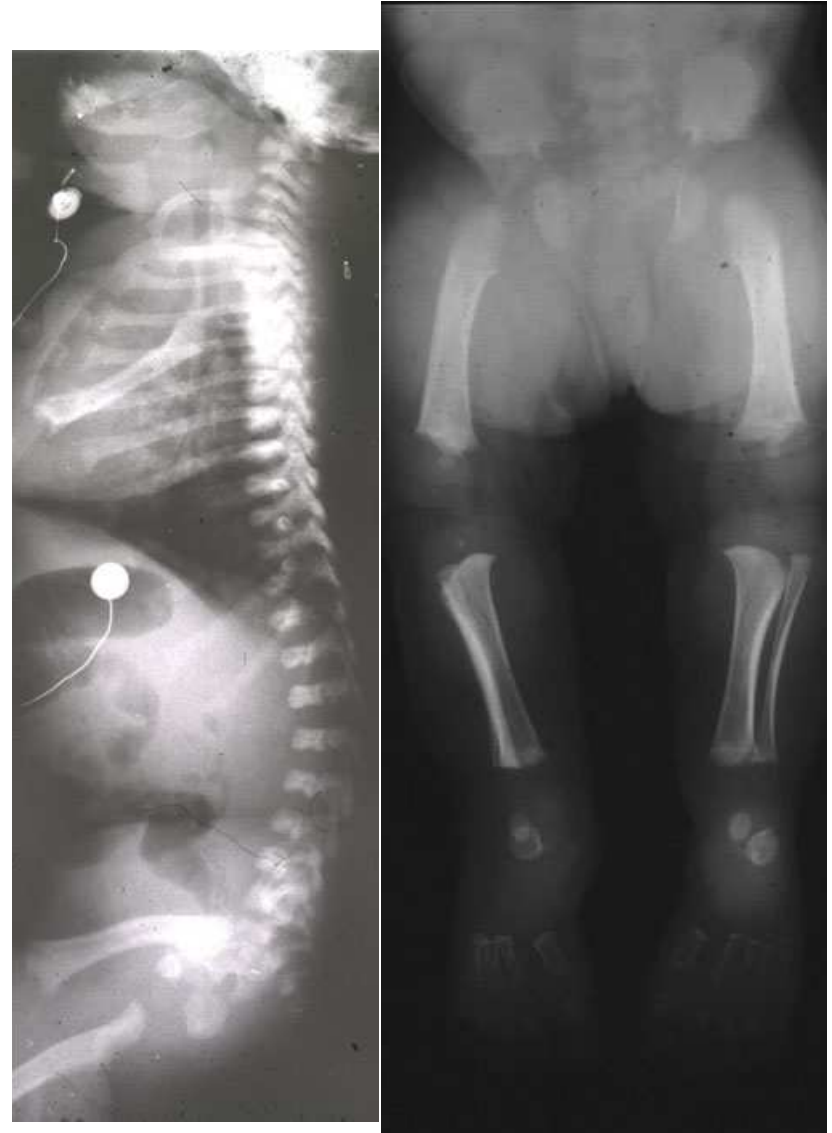
- Achondroplasia : rhizomelia
- SEDC/ Kniest : micromelia, short trunk and flat face
- Diastrophic dysplasia : hitchiker thumb, club feet

Achondroplasia

- Incidence : 1/15000
- Rhizomelic dwarfism
- Large head with prominent forehead, saddle nose
- Autosomal dominant transmission
- New Mutations in FGFR3 : 90 %

Achondroplasia

- Short pedicles with narrow vertebral canal
- Short and thick tubular bones
- Flared metaphyses, ball in-socket epiphyseal-metaphyseal junctions
- Squared iliac wings, flat acetabular roofs
- Fibula overgrowth



Achondroplasia : management



- Short stature (130 cm)
- Childhood :
 - Narrow foramen magnum
 - Respiratory difficulties/apnea
 - Middle ear disease
 - Gibbus in thoracolumbar region and then hyperlordosis
- Adulthood :
 - Lumbar stenosis
 - Obesity
 - Deafness

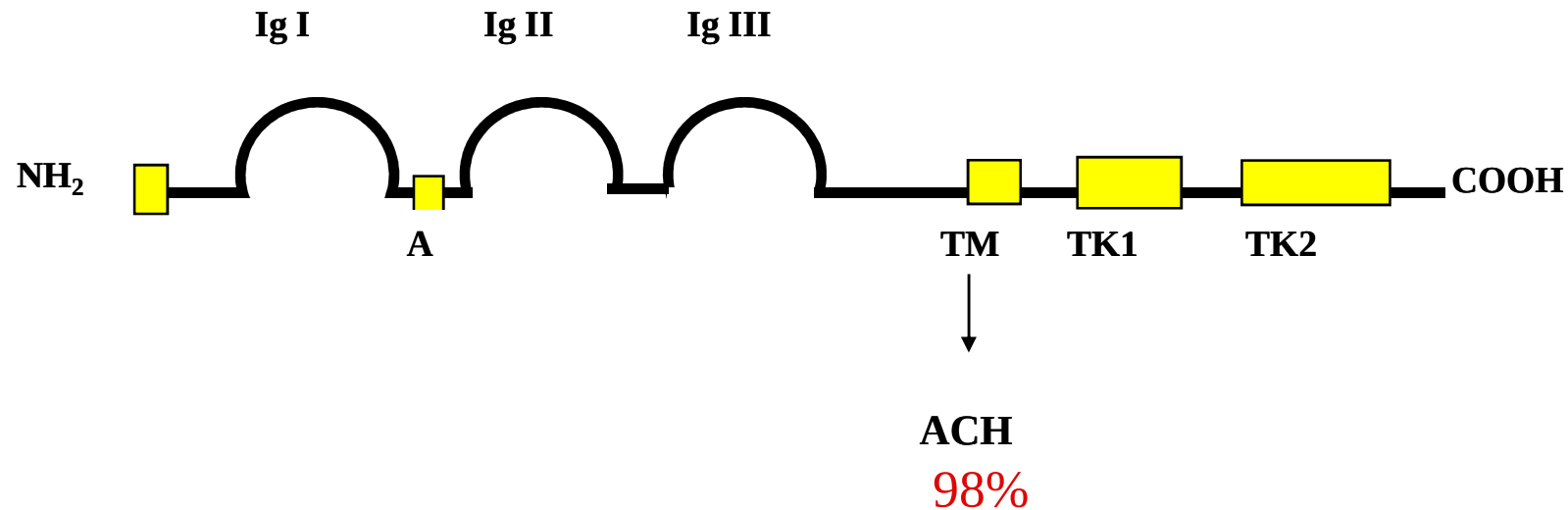
Achondroplasia and lower limb deformations



Molecular basis of achondroplasia

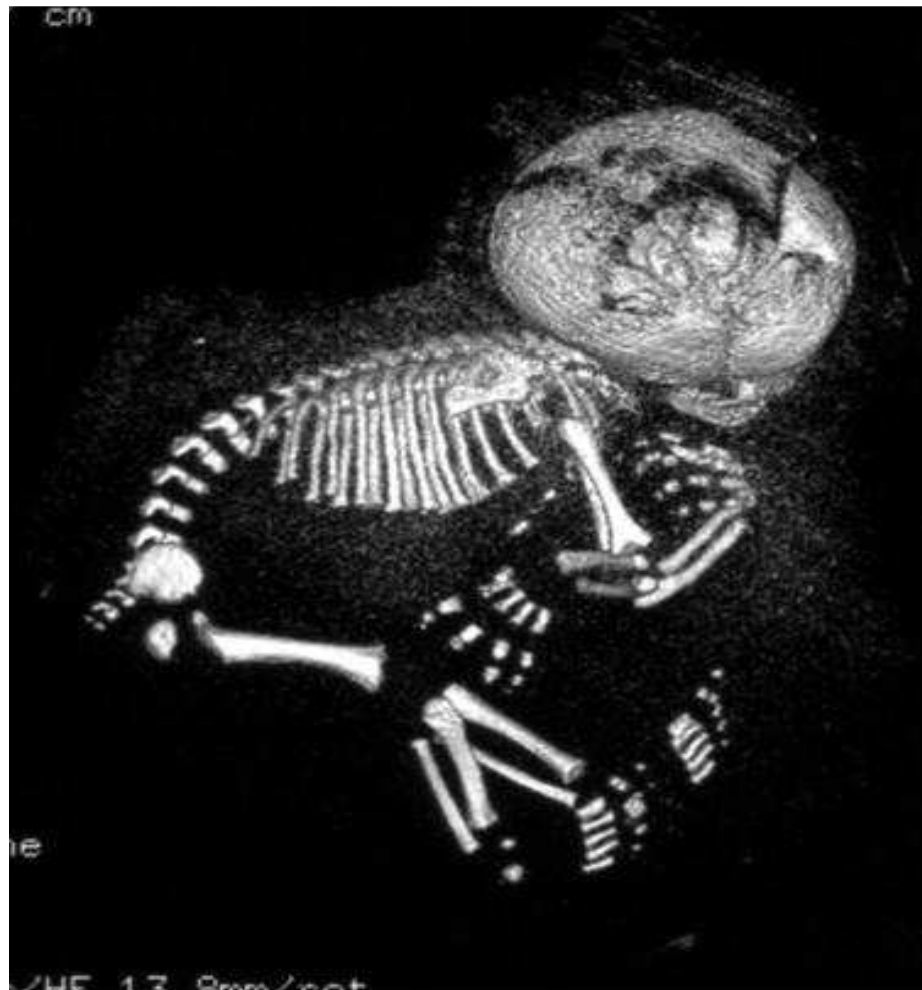
FGFR3 : Fibroblast Growth Factor Receptor 3

localisation : 4p16, 19 exons

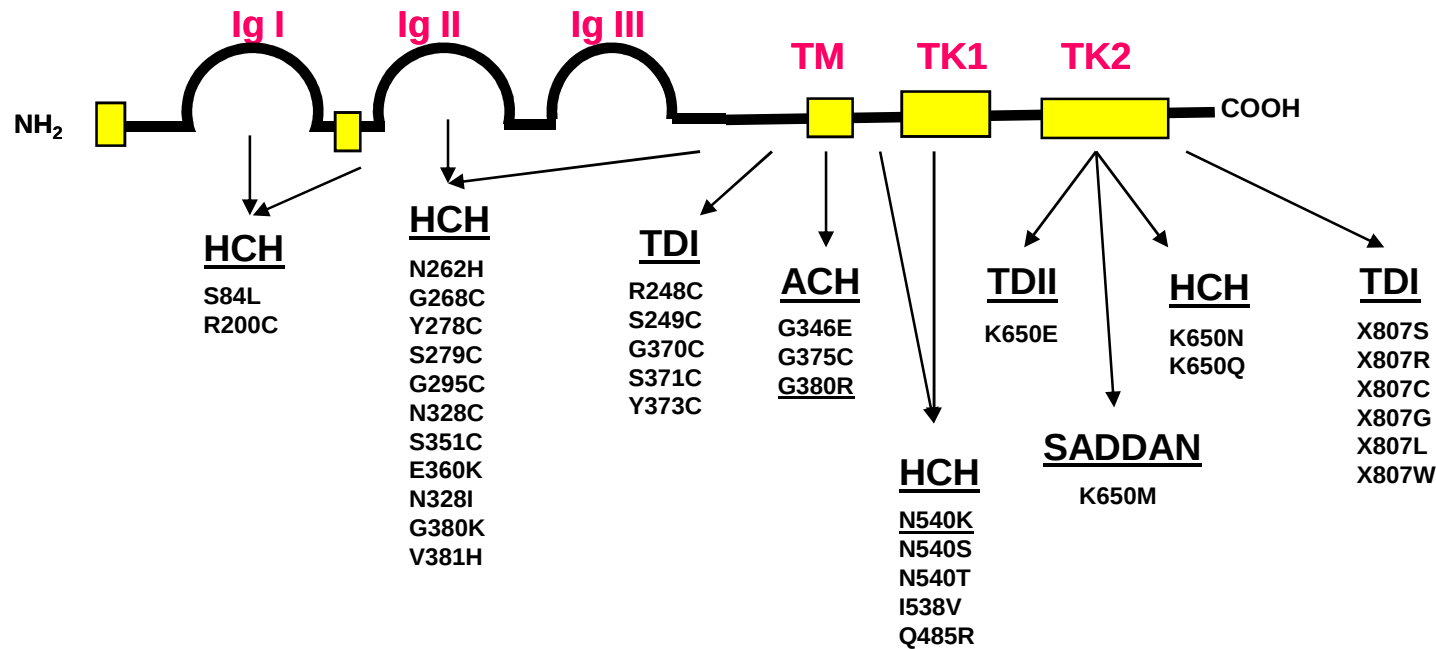


Common mutation : G380R

Antenatal diagnosis of achondroplasia



FGFR3 mutations in chondrodysplasia



Legend

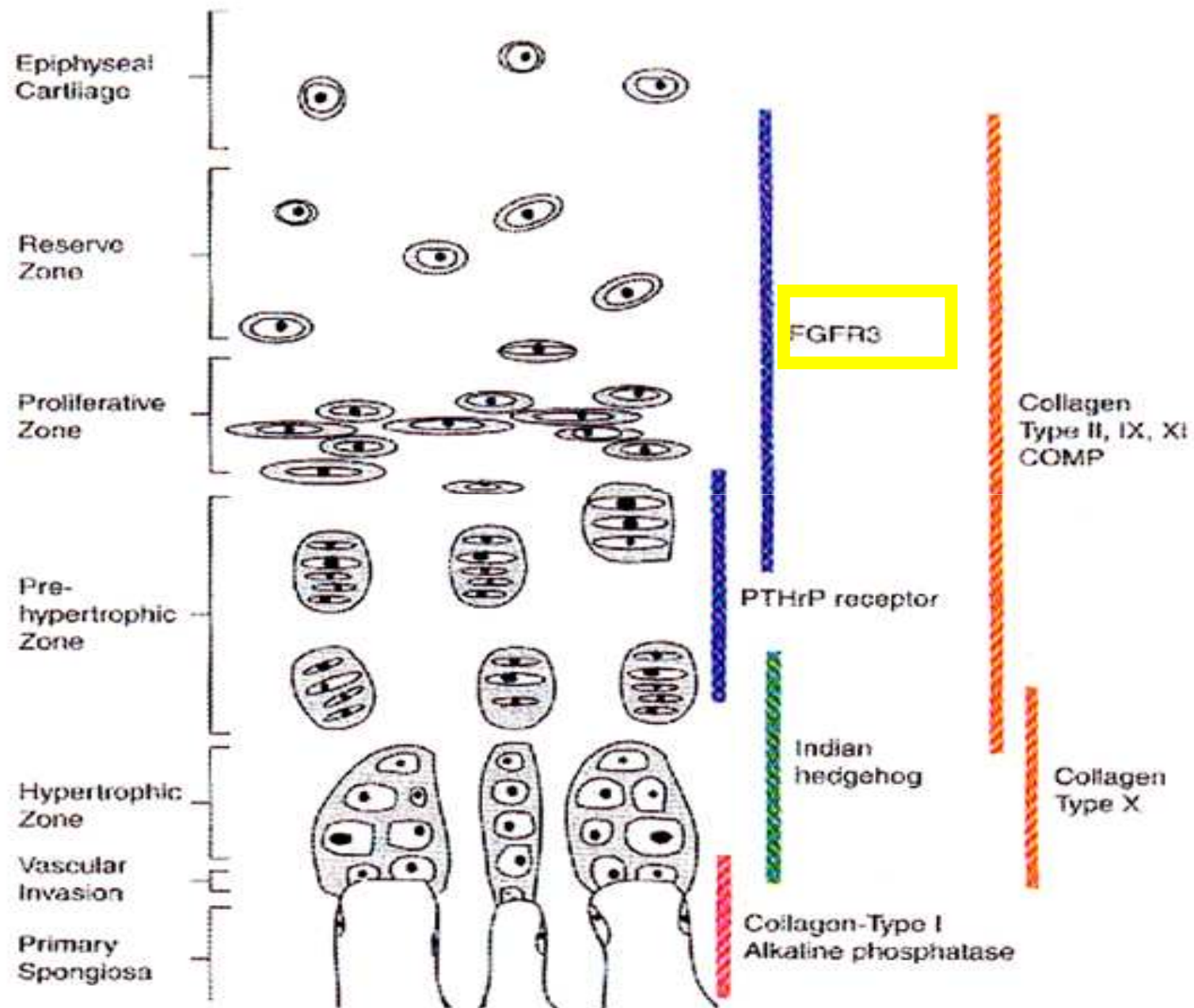
HCH : Hypochondroplasia

ACH : Achondroplasia

TD I : Thanatophoric Dysplasia Type I

TD II : Thanatophoric Dysplasia Type II

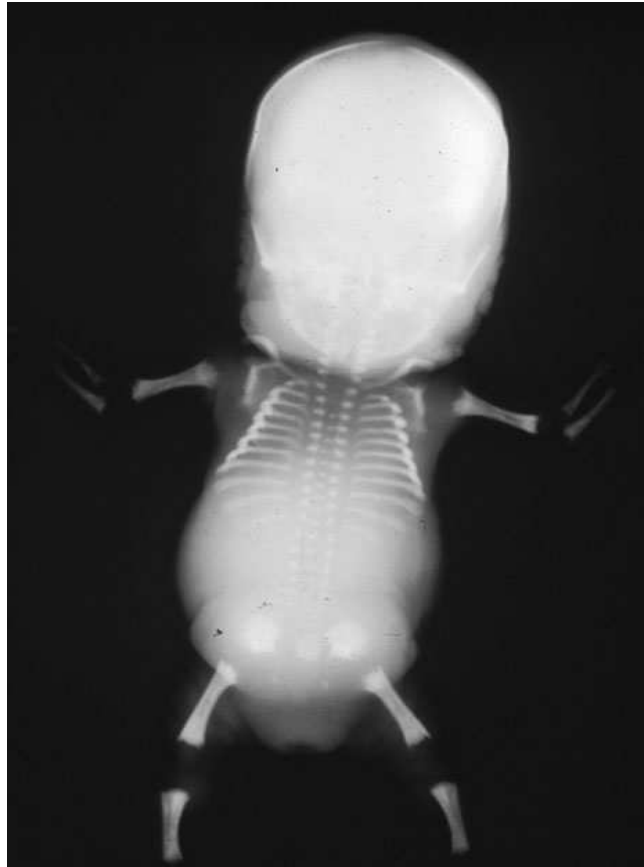
SADDAN : Severe Achondroplasia with Developmental Delay and Acanthosis Nigricans



Clinical approach : disproportionate short stature

- Achondroplasia : rhizomelia
- SEDC/ Kniest : micromelia, short trunk and flat face
- Diastrophic dysplasia : hitchiker thumb, club feet

Spondylo-Epiphyseal Dysplasia Congenita/ Kniest



- Absent pubic ossification,
- No ossification of epiphyses at knee
- Ovoid or pear shaped vertebrae

Spondylo-epiphyseal dysplasia congenita

- Short stature at birth
- Platyspondyly
- Epiphyseal dysplasia
- +/-Myopia
- Deafness
- Cleft palate, Pierre Robin

Antenatal diagnosis of SEDC



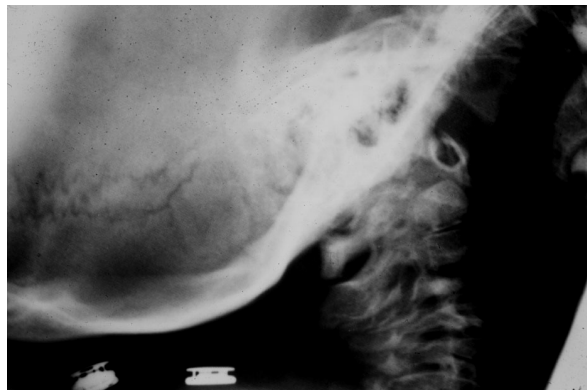
SEDC

evolution- 10years



Spondylo-epiphyseal dysplasia congenita

- Platyspondyly
- Increased thoracic kyphosis
- C1-C2 dislocations, odontoid hypoplasia



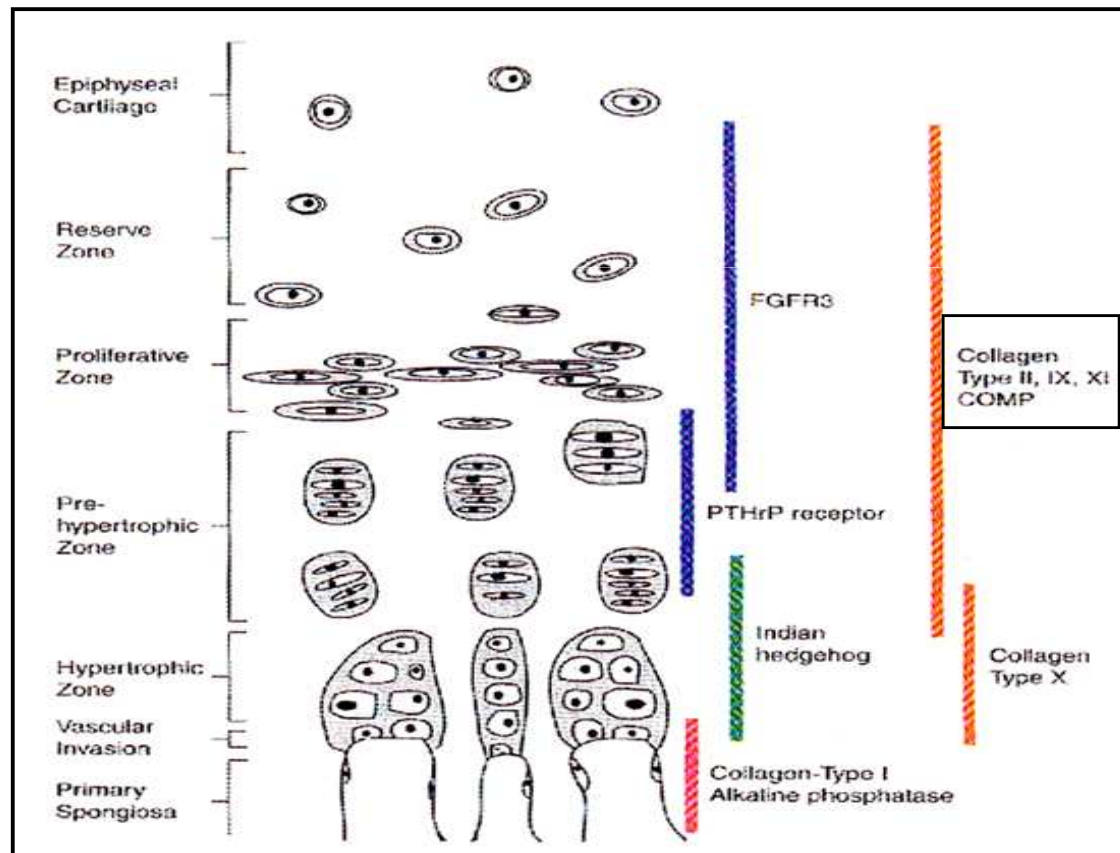
Kniest –

Evolution arthroses

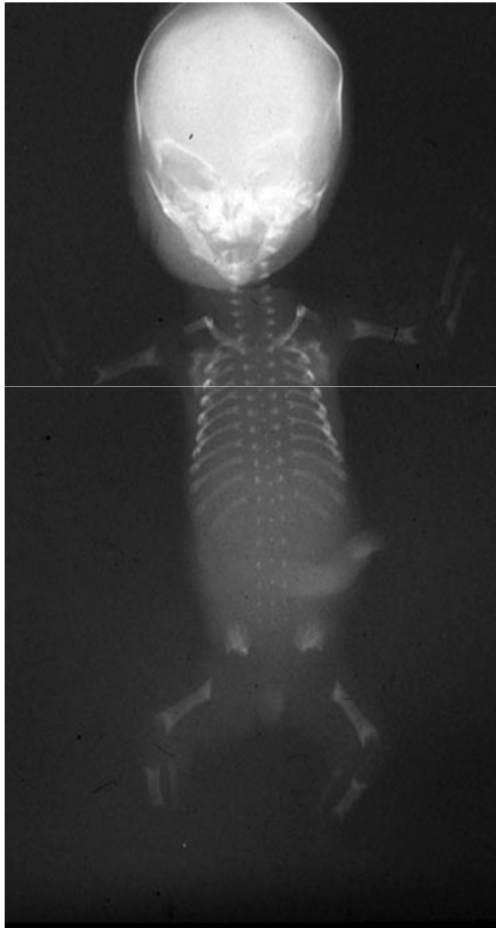


Molecular basis of SEDDC/ Kniest

Heterozygous mutations in COL2A1 (65 exons, 12q13.1)



Col2A1 and phenotypic variability



Achondrogenesis type II

Stickler

Myopia

Retinal detachment

« Collagen group »

19 types of collagens

- Type II, IX and X expressed in cartilage
- Col2A1: Kniest, Stickler, SEDC, Achondrogenesis type II, hypochondrogenesis
- Col9A1 : Stickler
- Col9A2, Col 9A3: MED
- Col10A1 : Schmid metaphyseal dysplasia
- Col11A1 : Stickler
- Col11A2 : OSMED

Clinical diagnosis : disproportionate short stature

- Achondroplasia : rhizomelia
- SEDC/ Kniest : micromelia and flat face
- Diastrophic dysplasia : hitchiker thumb, club feet

Diastrophic dysplasia

- Autosomal recessive (5q31.2, DTDST)
- Micromelic dwarfism at birth
- Foot deformities
- Hitch hiker thumb (hypoplasia of the 1st MC)
- Cleft palate
- Deformed earlobes , cystic masses in anthelix

Diastrophic dysplasia

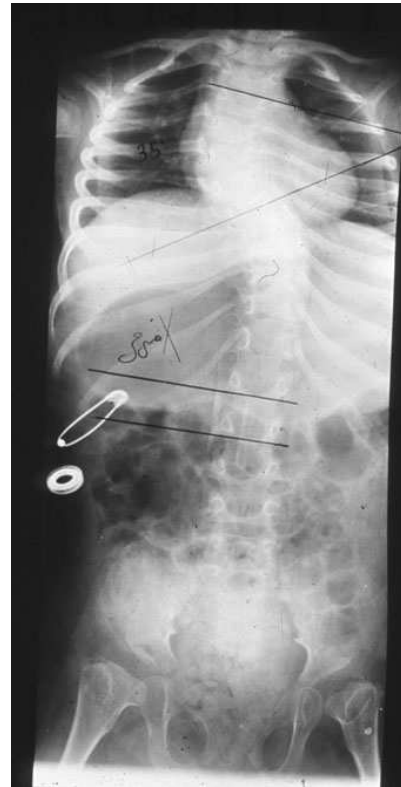


Diatrophic dysplasia

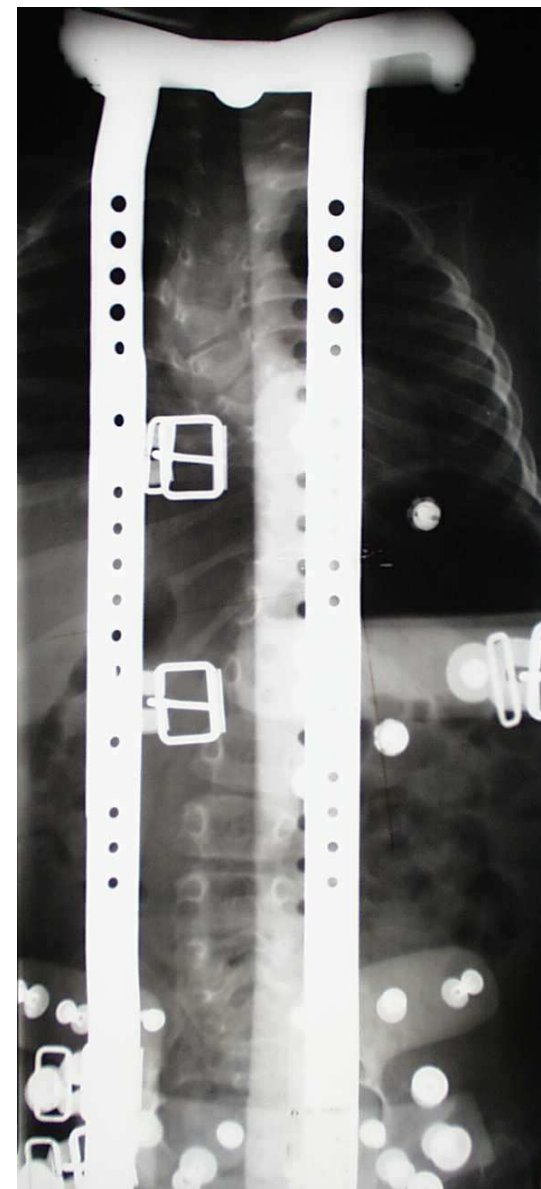


Diastrophic dysplasia

- Short rounded first MC and accelerated carpal ossification
- Dislocations of large joints
- Twisting long bones
- Cervical kyphosis



Diastrophic dysplasia- evolution

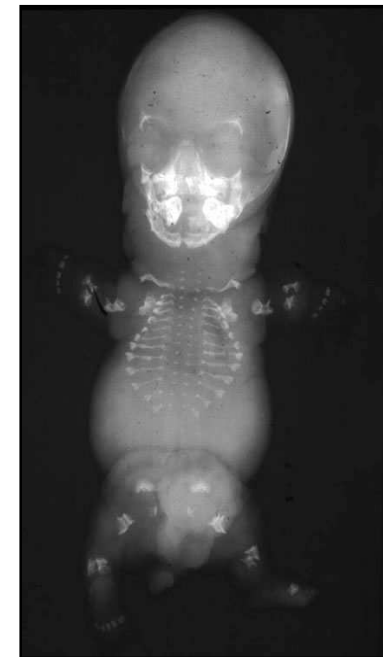


Molecular basis of diastrophic dysplasia

- Mutations in the gene coding for cell-surface transporter protein, SLC26 A2 (sulfate transporter)
- 25 % recurrence risk for families
- Phenotypic variability within DTD spectrum



MED



Achondrogenesis Ib

Clinical diagnosis : disproportionate short stature

During childhood/infancy

- Metaphyseal dysplasia
- MED/ Pseudoachondroplasia
- Dyschondrosteosis : mesomelia
- Hypochondroplasia
- SED tarda

Metaphyseal dysplasia

Mc Kusick type, AR, RMRP mutation



Short limb dwarfism in early childhood

Short MC, Phalanges

Immune deficiency, Hirschsprung, sparse hair



Metaphyseal Dysplasia, type Schmid



Varus incurvation of lower limbs, coxa vara

Final stature : 140-150 cm

AD, **Col X**



Multiple epiphyseal dysplasia

- Short stature
- Pain,
- Arthrosis
- Epiphyseal dysplasia
- Delayed bone age
- Genetic heterogeneity
- AD, AR

COMP, COL9A1, A2, A3,
Matrillin, DTDST,
mucopolysaccharidosis type III



Pseudoachondroplasia

- **Normal stature at birth**
- Wadling gait at 2
- Brachydactyly
- Hyperlaxity, osteoarthropathy
- Scoliosis/ kyphosis
- Valgus deformity of lower legs
- Cervical instability

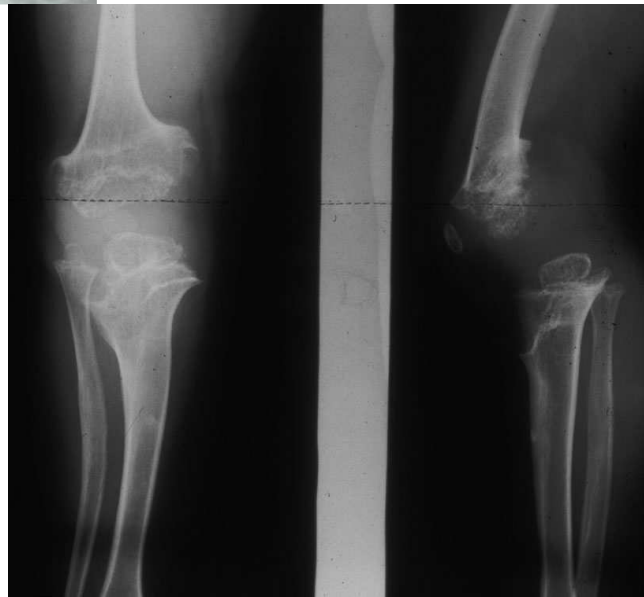
Dominant mutation in *COMP*



Pseudoachondroplasia

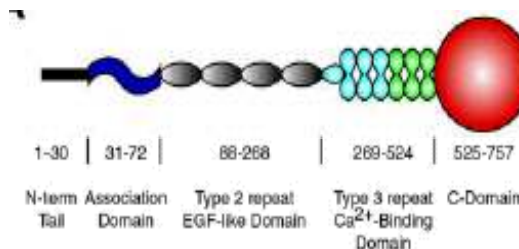


Pseudoachondroplasia



COMP mutations in pseudoachondroplasia

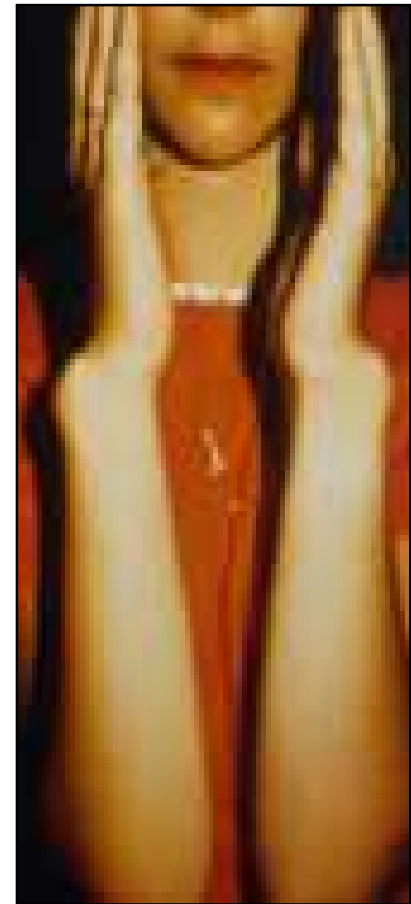
- Amino acid substitutions clustered within exon 8 to 14 (type III, calmodulin like repeats)



- Consequences for the structure of this region and its ability to bind calcium

Dyschondrosteosis

- Original description : Léri and Weill, 1929
 - Mesomelic dysplasia
 - Short stature (<-2.5 SD)
 - Shortness of forearms and lower legs
 - Madelung deformity
 - Limited motion of elbows and wrists
- AD inheritance
 - Females more severely affected
 - Necessity of forearm X-rays
 - Intra/interfamilial variability



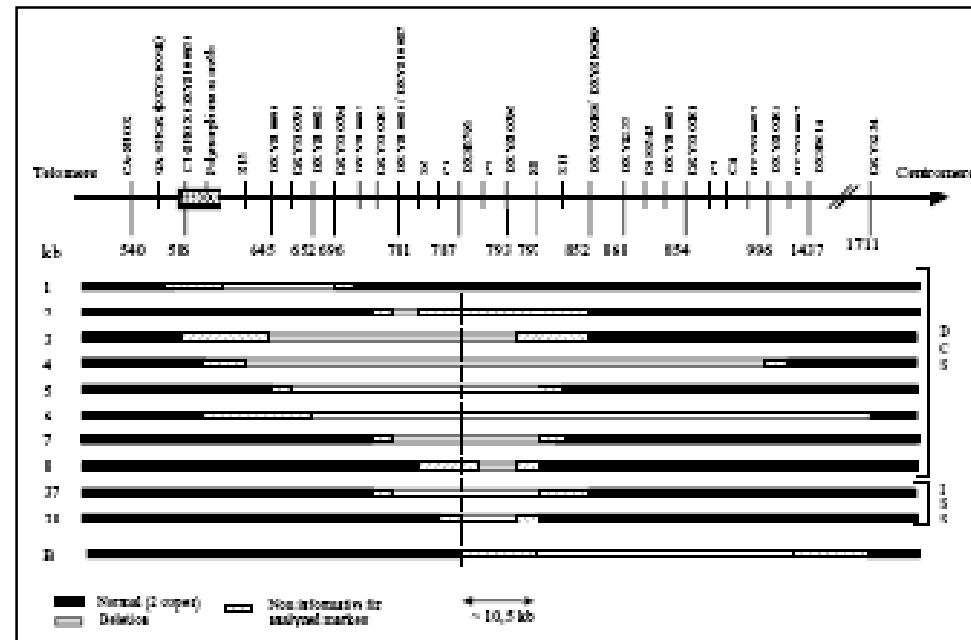
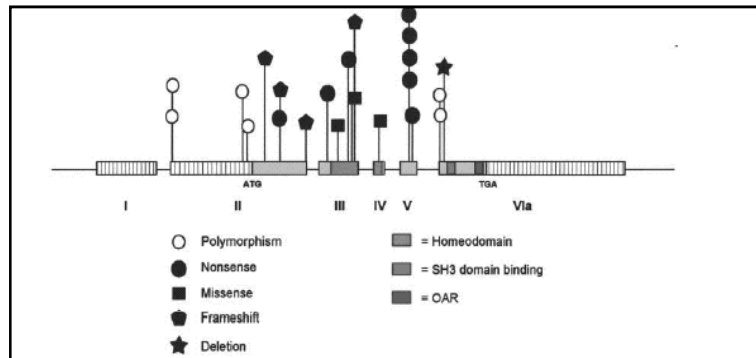
Radiologic manifestations of dyschondrosteosis

- Shortening and bowing of radius
- Triangulation of distal radial epiphyses
- Wedging of carpal bones between distal radius and ulna
- Subluxation of distal ulna
- Shortening of tibiae

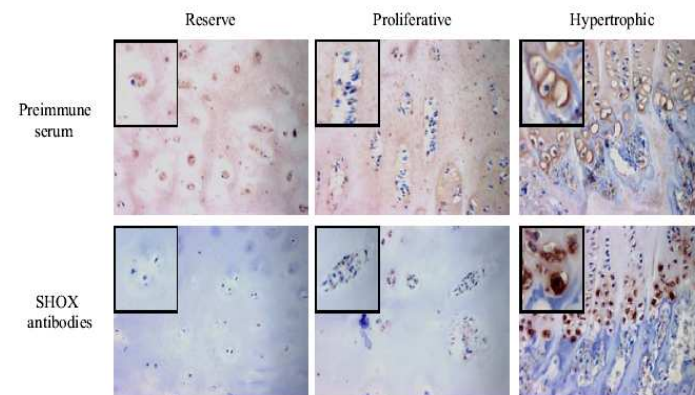


Molecular basis of dyschondrosteosis

- Deletions of PAR 1 region (Xp22.3) of variable sizes
- Point mutations or partial deletions of **SHOX** gene (6 exons)



- Transcription factor

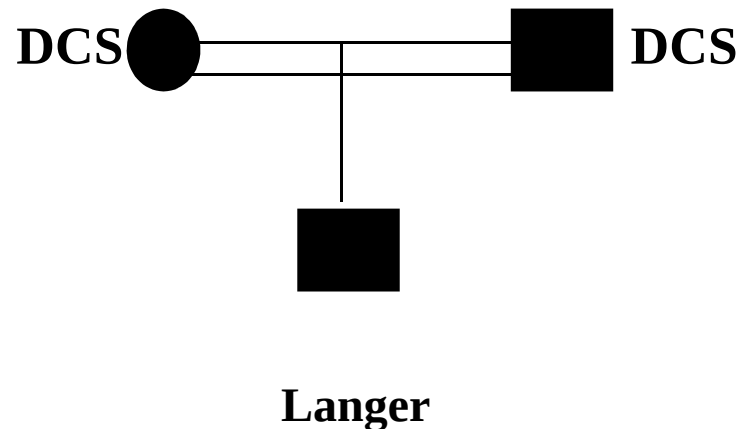


SHOX and phenotypic variability

Haploinsufficiency of SHOX responsible for :

- Short stature in Turner syndrome
- Dyschondrosteosis
- Some idiopathic short stature cases

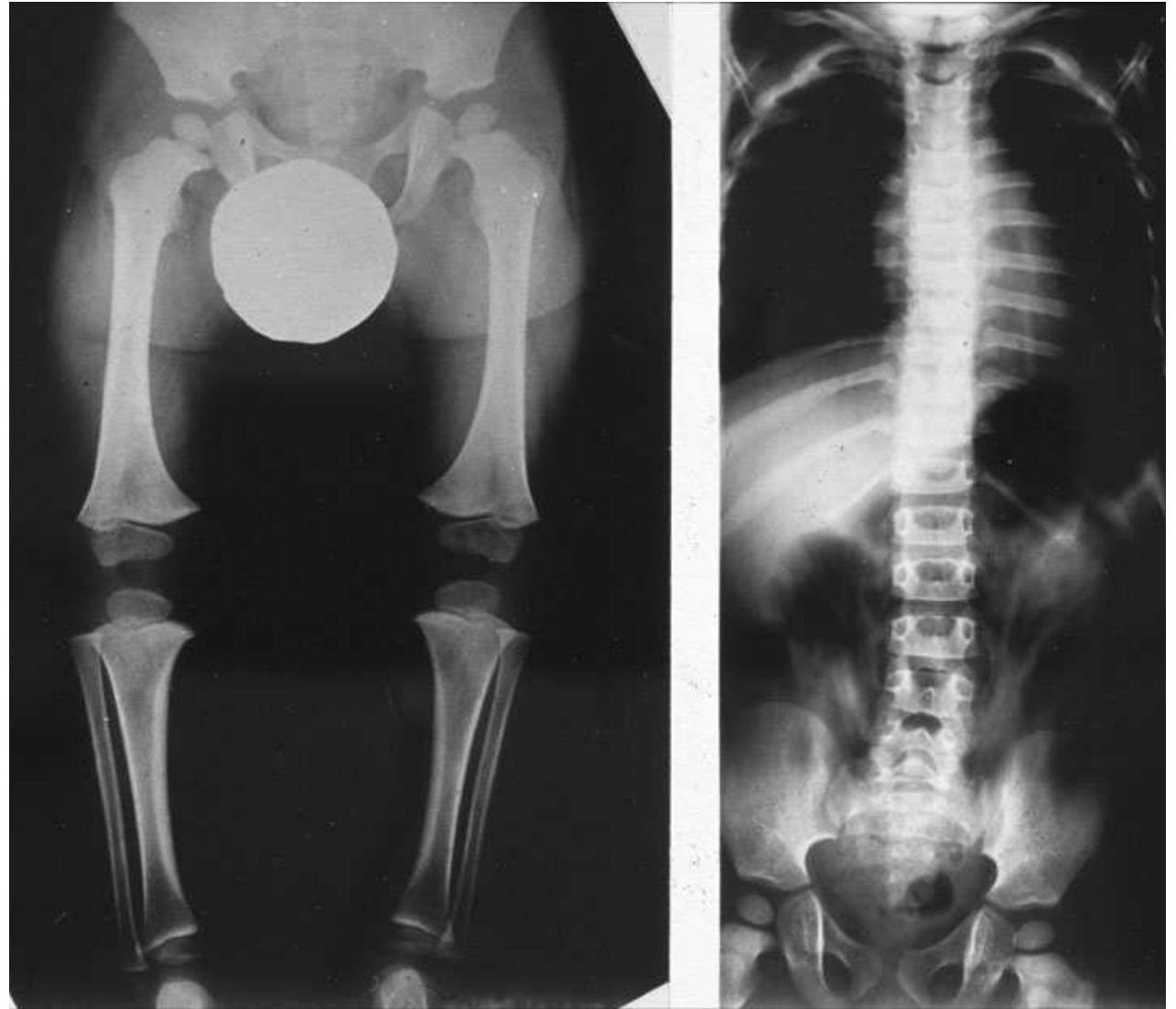
Loss of function responsible for Langer mesomelic dwarfism



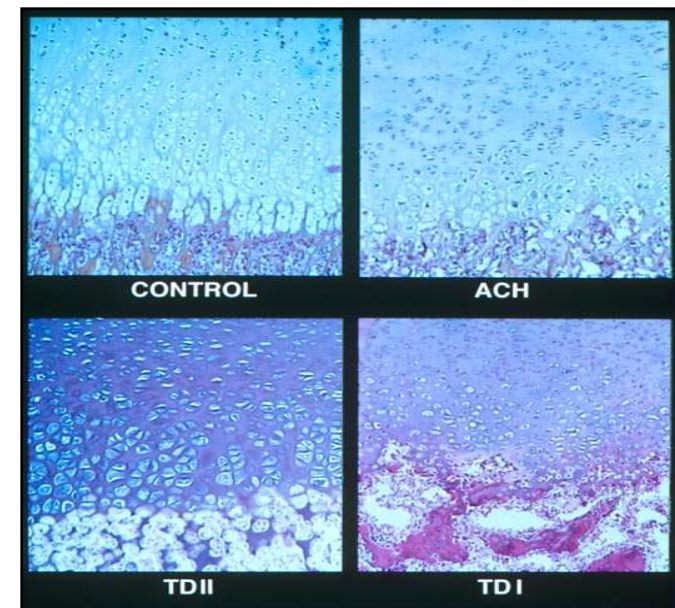
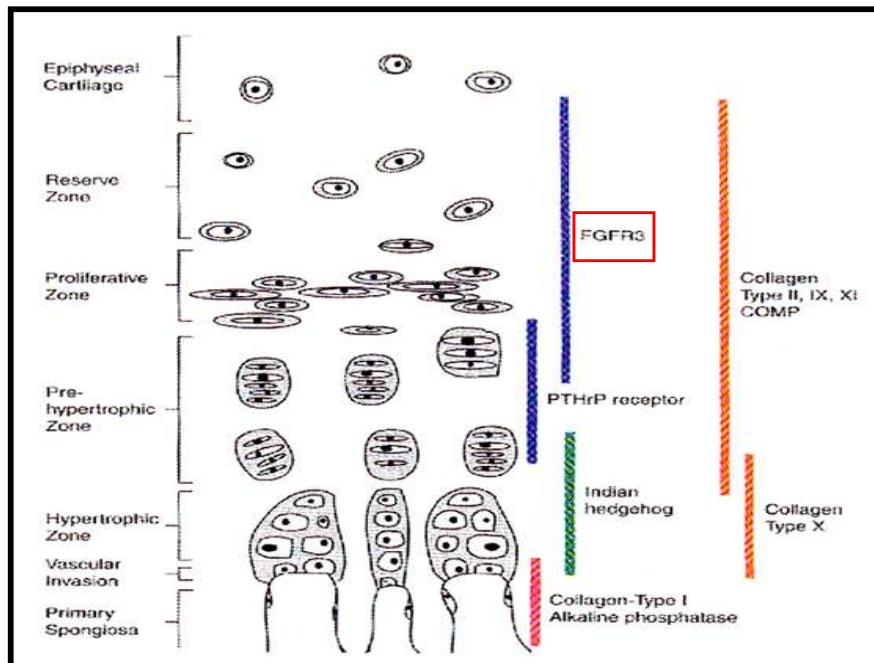
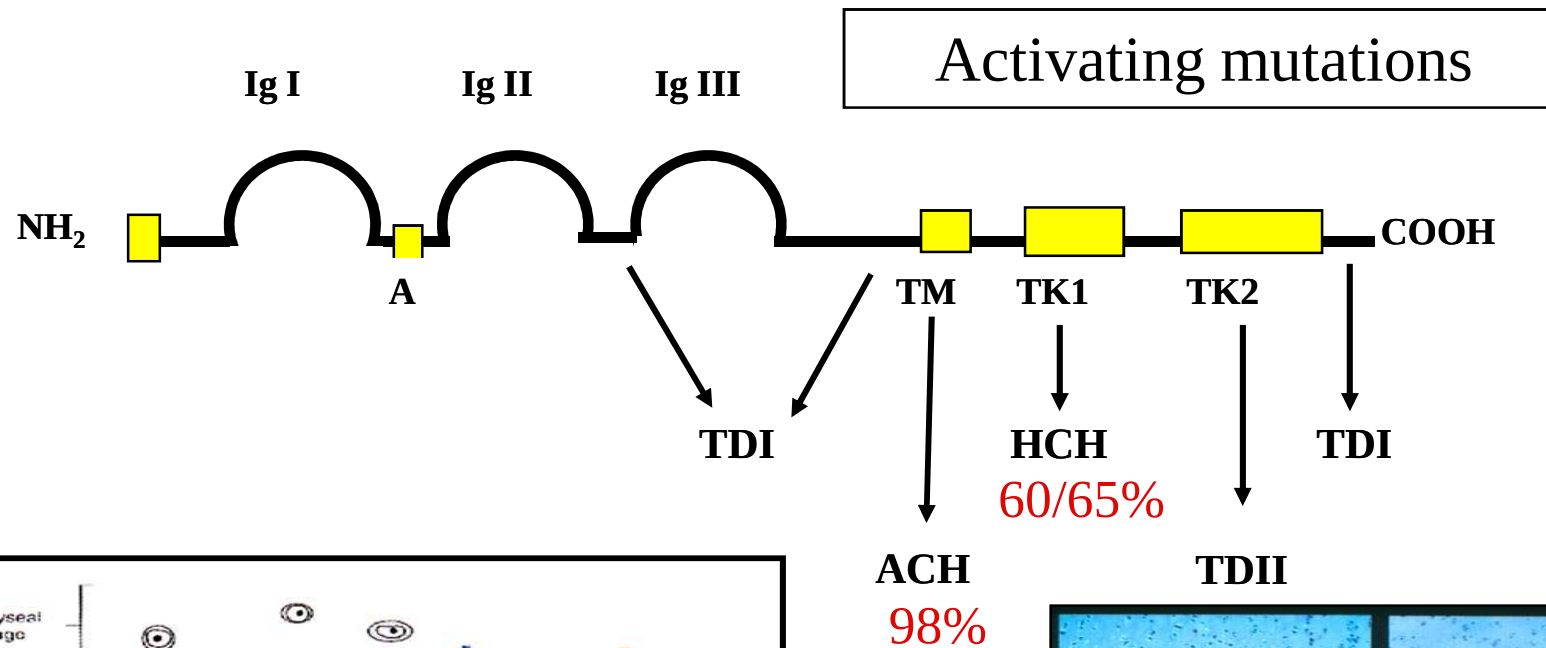
Hypochondroplasia

- First description in 1913 by Ravenna
- Decrease interpediculate distance from 1st to 5th lumbar vertebrae
- Macrocephaly, stubby hands and feet
- Mild short limb dwarfism
- Mild metaphyseal flaring
- Short and broad femoral neck
- Autosomal dominant
- Underdiagnosed

Hypochondroplasia



FGFR3 mutations



SED tarda

- Normal stature at birth
- Progressive growth curve decrease between 3 and 5
- Dorsal pain
- Short trunk
- Platyspondyly
- X-linked : only affected males
- *Sedlin* mutation



Conclusion

- Importance of the natural history for the diagnosis
- Value of the extraskeletal features
- Specificity of the skeletal features but need for long term follow up
- Diagnosis not only important for the genetic counseling but also for appropriate management